

# Free Webinars

for parents, caregivers and those who work with children and youth



## Eating, Feeding and Swallowing

### Tips for Success: Getting Through Mealtime Struggles

- Caregivers will learn about the different reasons for mealtime struggles and gain strategies in the areas of connections, feeding development, nutrition, environment, and routine.
- Intended for caregivers of children 6 months to early school age.
- 5 pre-recorded online videos; **registration is not required.**

**Developed and delivered by:** AHS Occupational Therapists, Registered Dietitians, Speech Language Pathologists, and other multidisciplinary care providers.

- Search using this address: <https://rb.gy/ndz9k4>
- Click on this link: [Tips for Success - Getting Through Mealtime Struggles - YouTube](#)
- Or, scan this QR code:

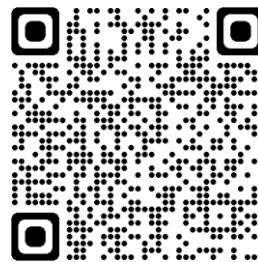


To find more resources, workshops and webinars please check out the links below.

[Find Nutrition Services Workshops & Classes | Alberta Health Services](#)



**Find Pediatric Rehabilitation Webinars**



Or visit  
[AHSweb.ca/MHA/PRwebinars](https://AHSweb.ca/MHA/PRwebinars)